



michigan high school athletic association

# 2007 CROSS COUNTRY INFORMATION

- INFORMATION BULLETIN
  - TIME SCHEDULE
  - INSTRUCTIONS FOR USE OF "CHIPS"
  - HOTELS
  - GIRLS AND BOYS TEAM QUALIFIER FORMS
- 
- Spectator admission is \$6.00 per person.
  - Checks/Credit Cards are not accepted for ticket purchases
  - Charcoal/Gas Grills are not allowed on infield parking areas

1. **LOCATION:** Michigan International Speedway, 12626 US-12, Brooklyn, MI 49230
  - A. All access to Brooklyn Road can be reached from the north off of M-50 or from the south off US-12.
  - B. Gate 10 - Team Bus Parking
  - C. Gate 11 - Spectator Parking
  - D. Tunnel Gate - Officials, workers and teams in vans less than 9' in height may park in designated areas on infield.
  - E. Trams will be available for transport to infield.
  
2. **FINALS QUALIFIER PACKET INCLUDES:**
  - A. Parking pass which will permit your vehicle to park in the team parking area.
  - B. **TEAM QUALIFIERS:** 12 team member admission wristband passes, 3 wristband passes for coach, manager and/or trainer.
  - C. **INDIVIDUAL QUALIFIERS** will receive one wristband pass plus 2 others to include coach, manager or trainer.
  - D. Visibly worn passes will allow coaches and officials to restricted areas other than infield and course.
  - E. Please do not ask for additional free admission passes.
  - F. Do not photo copy passes. School's administration will be notified of any unethical practices.
  
3. **FINAL MEET PACKETS:**
  - A. Friday packet pickup can be picked up only at the Super 8 Hotel in Brooklyn between 3:30 p.m. until 5:00 p.m.
  - B. Saturday packet pickup will start at 7:30 a.m. in the Media Center located in the buildings behind the finish area.
  - C. It is the responsibility of the coach to pick up the meet packet and timing chips.
  - D. Your Finals Meet packet will include a garbage bag.
  
4. **CHANGE AND CORRECTIONS FORM**
  - A. Coaches of team qualifiers may change team personnel for the finals.
  - B. Individual qualifiers may not be substituted.
  - C. Division 4 and 3 teams must make their changes by 9 a.m.
  - D. Division 2 and 1 teams must make their changes by NOON.
  - E. Forms are provided in the meet packet.
  - F. Turn the Change and Corrections Form into the packet pick-up area at the Media Center.
  
5. **COURSE DESCRIPTION AND PREVIEW**
  - A. While the start and finish have restricted areas, coaches and spectators will be allowed along the course during races.
  - B. The course is not open for previewing on Friday.
  - C. Please do not cross the timing pads at the one-mile, two-mile, and three-mile marks, while previewing the course.
  - D. Competitors may not preview the course after the three mile mark.
  - E. Mile markers and timing clocks will designate the one-mile, two-mile, and three-mile marks.
  - F. The entire course will be laid out with a single yellow line.
  - G. Any white lines on the course are simply for crowd control. Athletes do not have to stay between these lines, but must go around all other natural or man-made barriers.
  - H. Additional flagging may be posted throughout the course: "Red to left", "Yellow to right" and "Blue straight"
  - I. Runners must cross both finish line timing pads and continue through the chute.
  
6. **COMPETING TEAM EXPECTATIONS**
  - A. Schools will defray their own expenses for participating in the Finals.
  - B. Coaches and other school officials are responsible for the supervision of team members at the Final site.
  - C. Spikes are not allowed on "Pit Row" or on the car race track.

## 7. TIMING, SCORING AND RESULTS

### Timing Chips

- A. Please read the enclosed sheet with the instructions on how to attach the timing chips.
- B. Each runner is required to wear two timing chips, one chip laced to each shoe.
- C. Runners must wear the chips that are assigned to them. These are not interchangeable.
- D. Chips must be returned by the coach to the Media Center or a \$30 fee will be charged for each missing chip.

### Race Bibs

- A. Runners must wear their assigned race bib on the front of their jersey with the pins provided.
- B. Race bibs may not be altered (i.e. cut, folded, wrinkled, etc.)

### Scoring and Ties

- A. Rule 9, Section 2 of the National Federation Track & Field Rule Book will be followed.
- B. All competitors are expected to move beyond the finish line and run/jog to their position in the exit area.
- C. Timing chips are the primary system and a three camera video replay system is the back up.

### Results

- A. Official results may be picked up at the Media Room.
- B. Results will be posted at [www.mhsaa.com](http://www.mhsaa.com).

## 8. AWARDS

- A. Each division and gender: 1 Trophy First Place – Team      1 Trophy Second Place - Team  
7 Medals First Place – Team      7 Medals Second Place - Team  
30 Medals Top 30 Finishers each race
- B. By Representative Council action, only MHSAA approved awards may be presented.
- C. Division 4 & 3 awards will begin at 12:15.
- D. Division 2 & 1 awards will begin at 3:45.

## 9. COMPETITION RULES & INSTRUCTIONS

### STARTING LINE:

- A. Final race instructions will be given ten minutes prior to each race. At the conclusion of those instructions, athletes should remove their sweats and immediately report to the assigned positions on the starting line.

### TEAMS:

- A. Qualifying teams may compete with a maximum of seven entries and a minimum of one entry.
- B. At least five individuals must finish in order to be considered a complete team.
- C. Only complete teams will be scored.
- D. Individuals on the Master Eligibility List may be used as substitutes for team entries.

JEWELRY RULE - Except for traditional wedding bands, Medical Alert necklaces or bracelets and religious medals, jewelry is prohibited in all competition. This will include, but is not limited to pierced earrings, barrettes made of hard plastic, leather, cloth and plastic bracelets. Elasticized ponytail holders having metal parts are legal. Multiple ponytail holders may be different colors. Watches may not be worn during any competition.

HAIR WEAR RULE: No baseball-style caps, no multi-colored hats of any kind, no hats with writing of any description. If a watch cap or headband is worn, it must be of a single solid color (team members do not need to match in color.) Manufacturer's logo allowed. If a hair-holder is used, it must be of the soft, rubber band-type material without large metal or hard plastic parts or be of the cloth-covered rubber bands with small metal connectors.

UNIFORM RULE: School issued team jersey and shorts must be the outer-most garment and must be designed in the school colors. Personalized shirts or pants with slogans are unacceptable if writing is exposed. Simply put - if undergarments are exposed, they must be of single solid color. This applies to multiple members of a team. (i.e., length is not an issue, tattered or hand-cut sweats would not be allowed)

Referees/umpires throughout the course will be watching competitors closely for uniform compliance as well as rules of the course.

## 10. APPEALS

- A. Appeals in writing denoting a specific rule will first come to this group before making the final decision on any appeal. The length of the appeal time 30 minutes after the posting of results near the awards area.
- B. The Games committee shall have final authority over rules disputes.

### Games Committee:

Rudy Godefroidt, Meet Referee  
Wayne McDonald, ATOM  
Mark Uyl, MHSAA  
Dennis Whitehead, Meet Manager  
2 Coaches Representatives

## 11. MEDICAL INFORMATION

- A. Two doctors, seven certified athletic trainers, and four-five student athletic trainers will be on duty during the day to assist with any injuries or emergencies.
- B. In addition, the Michigan Speedway Field Hospital will be open and there will be an ambulance on stand-by.
- C. There will be a nurse's FIRST AID STATION open in the grandstand area.

## 12. SPECTATOR INFORMATION

- A. \$6 admission charge for all spectators. Parking is included in the admission fee.
- B. Checks, credit cards are not accepted for ticket purchases
- C. Animals will not be allowed to enter Michigan International Speedway.
- D. Trams will be available to transport spectators for the entry gate ticket area to an area near the start line and return.
- E. Radios, stereo boxes, pets (even on leashes) will not be allowed.
- F. Charcoal and gas grills are not allowed on infield parking areas
- G. T-Shirts/Sweatshirts –
- H. Friday T-shirt sales is located in the same area as Meet Packet Pickup at the Super 8 Hotel between 3:30 and 5 p.m.
- I. Shirts are on sale in the spectator entrance area and at the concession stand on the field.

# MICHIGAN INTERNATIONAL SPEEDWAY SCHEDULE:

**FRIDAY, NOV. 2, 2007**

THE MIS WILL NOT BE OPEN  
TO TEAMS OR INDIVIDUALS  
ON FRIDAY

3:30-5:00 p.m. Packet Pick-Up and T-shirt sales at the  
Super 8 Hotel in Brooklyn, Michigan

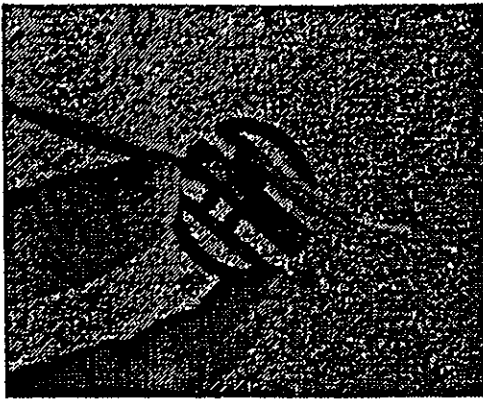
**SATURDAY, NOV. 3, 2007**

7:30 a.m.	Entrance Opens (Packet pick-up, T-shirt sales and course review)
10:00 a.m.	Division 4 Girls
10:30 a.m.	Division 3 Girls
11:00 a.m.	Division 4 Boys
11:30 a.m.	Division 3 Boys
12:15 p.m.	Division 4 & 3 Awards Presentation
1:30 p.m.	Division 2 Girls
2:00 p.m.	Division 1 Girls
2:30 p.m.	Division 2 Boys
3:00 p.m.	Division 1 Boys
3:45 p.m.	Division 2 & 1 Awards Presentation

- Spectator admission is \$6.00 per person.
- Checks/Credit Cards are not accepted for ticket purchases
- Charcoal/Gas Grills are not allowed on infield parking areas

***DO NOT THROW THIS AWAY  
THIS CONTAINS THE TWO  
CHAMPIONCHIPS FOR SCORING  
PLEASE READ CAREFULLY!!!!***

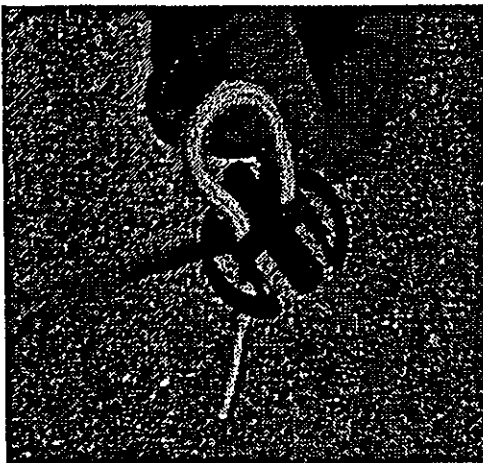
This event will be timed using the CHAMPIONCHIP Electronic Timing system. Please be advised of the following procedures.



***Racing!!!!***

\*You must be wearing the ChampionChip to be timed properly.

\*Attach one chip to each shoe following the displayed pictures and directions.



\*Loop a single shoelace through the little holes on the chip as shown, pull snug to your shoe then tie your laces in a normal fashion. Your Chip is now in a secure and proper reading position. This position also allows quick removal after the race.



***After the Race!!!***

Coaches collect all of the chips from your athletes. Return them in envelope provided in packet to the coaches results area.

***THANKS AND GOOD RACING!!***

## JACKSON COUNTY LODGING

Baymont Inn  
2035 Service Drive  
517-789-6000  
(66 rooms)

Comfort Inn & Suites  
2435 Shirley Drive  
517-768-0088  
(70 rooms)

Country Inn & Suites  
3505 O'Neill Drive  
517-788-6400  
(78 rooms)

Country Hearth Inn  
1111 Boardman Road  
517-783-6404  
(73 rooms)

Fairfield Inn  
2395 Shirley Drive  
517-784-7877  
(57 rooms)

Hampton Inn  
2225 Shirley Drive  
517-789-5151  
(64 rooms)

Holiday Inn  
2000 Holiday Inn Drive  
517-783-2681  
(184 rooms)

Joy Motel  
7657 Ann Arbor Road  
517-522-8402  
(19 rooms)

Motel 6  
830 Royal Drive  
517-789-7186  
(96 rooms)  
Super 8 – Brooklyn  
155 Wampers Lake Road  
517-592-0888  
(52 rooms)

Travelodge  
901 Rosehill Drive  
517-787-1111  
(102 rooms)

### Bed & Breakfasts

Hankerd Inn  
10350 Hankerd Road  
Pleasant Lake  
517-769-6153  
(16 rooms)

Jackson County Convention & visitors  
Bureau  
800-245-5282 or 517-764-4440  
[www.jackson-mich.org](http://www.jackson-mich.org)  
(Total – 1009 Hotel Rooms)

**GIRLS**

***CHANGES AND CORRECTIONS ONLY***

**MHSAA CROSS COUNTRY CHAMPIONSHIPS  
TEAM QUALIFIERS**

**Change in Runners:**

Please fill out this sheet if you will be making any changes in your team personnel.

SCHOOL \_\_\_\_\_

Division: 1 2 3 4 Circle proper division

**SUBSTITUTIONS FOR TEAM QUALIFIERS**

Race No	Last Name, First Name	Grade	New Runner (last, first name)	Grade	New Race No.

**CORRECTIONS of TEAM or INDIVIDUAL QUALIFIERS (i.e. spelling, grade, etc.)**

Race No	Name:	Grade

**ONLY TEAM MEMBERS MAY BE SUBSTITUTED NOT INDIVIDUALS**

Individual qualifiers not on General Listings:

\_\_\_\_\_

\_\_\_\_\_

**Turn in to packet pick-up room (Media Room).**  
**9 a.m. for Division 4 and 3**  
**NOON for Division 2 and 1**



**BOYS**

**CHANGES AND CORRECTIONS ONLY**

**MHSAA CROSS COUNTRY CHAMPIONSHIPS  
TEAM QUALIFIERS**

**Change in Runners:**

Please fill out this sheet if you will be making any changes in your team personnel.

SCHOOL \_\_\_\_\_

Division: 1 2 3 4 Circle proper division

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Race No	Last Name, First Name	Grade	New Runner (last, first name)	Grade	New Race No.

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**Turn in to packet pick-up room (Media Room).**

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